



# Unemployed? What Now?

## Event Info

- ▶ **MassHire Metro North Career Center**
- ▶ **Webinar**
- ▶ **Friday, February, 7**
- ▶ **10:30 -11:30 am**
- ▶ Schedule this event from your JobQuest account!
- ▶ <https://jobquest.dcs.eol.mass.gov/jobquest/>

After scheduling, you will receive an email within 48 hours of the event, containing instructions on completing the registration!

- ▶ Registration will close 48 hours ahead
- ▶ MassHire Programs & Services are funded in full by US Department of Labor (USDOL) Employment and Training Administration grants. • Additional details furnished upon request.

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What are the things you should know, and change when you are out of work? Financial, emotional, technical? Let's talk about what you can control.

- **Where do I get medical benefits?**
- **Where can I get the support I need?**
- **How should I budget? What do I cut?**
- **Is there training for me? Where, how much?**
- **Should I retire?**

**See All MassHire Metro North Career Center Events Here:**

<https://masshiremncareers.com/>

186 Alewife Brook Parkway, Suite 310 • Cambridge, MA 02138 • 617.661.7867, TTY#: 800.439.2370  
800 W. Cummings Park, Suite 6400 • Woburn, MA 01801 • 781.932.5500  
2 Florence Street, 4th Floor • Malden, MA 02148 • 781-605-1501  
4 Gerrish Ave. • Chelsea, MA 02150 • 617.884.4333 • <https://masshiremncareers.com>

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